

Driving can be difficult. We should be keenly aware of the dangers posed from distracted driving. The purpose of safe driving policies is that these real life stories and information about distracted driving will help protect the lives of all teen drivers and implore us to use this knowledge to increase the safety of ourselves and those around us. Sometimes people can make bad decisions that can lead to a vehicle crash. Remember, we are the driving force in a positive change, even as a passenger.

There are many ideas and laws that are created to ensure a safe and pleasurable driving experience. Some are avoiding aggressive drivers, alertness while driving, and vehicle following distance, vehicle speed, and special driving situations. One of many factors in remaining safe on the roads is the ability to control our emotions and our stress. Some drivers do not know how to deal with stress, but it's important to know how to do it. This emotion can hinder the ability to drive safely and ensure safety on the roads. If people encounter a vehicle that is driving recklessly, and is constantly following too closely, the best thing to do is to avoid a confrontation is to reduce speed and allow him to overtake their vehicle. Do not provoke the driver, just let them pass.

Accidents are avoidable, all it takes is to be aware of the surroundings. People should pay attention to what they are doing. Cell phones, radios, and newspapers are common distractions while in a motor vehicle. If people must use a mobile device, they should ensure that they have a hands free accessory for it. If not, it's best to pull over and make their call. Never try to understand or navigate a map while operating a vehicle. This can cause people to commit a traffic violation, or even injure a pedestrian.

I told my family that there is a rule of thumb that can help keep a safe following distance while traveling the roads. It is called the "Two Second Rule". Following a vehicle too closely is called "tailgating." We use the two-second rule to determine a safe following distance. We slow down when a traffic light is about to turn red. Keeping the proper speed is critical while driving.

Sometimes taking risks is the only way to achieve our goals. For example, I wanted to get my driver's license. I had to drive on highways even though I haven't had an experience. I sometimes get distracted while driving. For example, in my neighborhood road two years ago, I wasn't fully concentrating on driving and almost crashed into a truck. Our family had to pay large amounts of insurance if the crash occurred. Of course, I had to prepare well on local streets. Taking risks builds my character. It makes me courageous and brave. It can also be fun. I learned that people will cherish success much more when they go through multiple failures.